माँ शाकुम्भरी विश्वविद्यालय, सहारनपुर

(पुँवारका, सहारनपुर, उ0प्र0, पिन–247120)

Website- msuniversity.ac.in Email ID – registrar@msuniversity.ac.in

पत्रांक : 1046/07 / प्रशा0 / MSU / 2024–25 दिनांक : 23-9-24

सेवा में,

01. प्राचार्य / प्राचार्या
समस्त सम्बद्ध महाविद्यालय

02. समन्वयक शैक्षणिक
विश्वविद्यालय परिसर

विषयः यूनिवर्सल ह्यूमन वैल्यूज कोर्स एवं वेलनेस सेंटरों की स्थापना कराये जाने के सम्बन्ध में।

महोदय,

कृपया उपर्युक्त विषयक श्री राज्यपाल / कुलाधिपति के अपर मुख्य सचिव, राज्यपाल सचिवालय, उ0प्र0 लखनऊ के संलग्न पत्र संख्या–ई–7174 / 32 जी0एस / 2024, दिनांक : 23.09.2024 का संदर्भ ग्रहण करने का कष्ट करें, जिसके द्वारा सोशल मीडिया के अधिक प्रयोग से छात्र–छात्रों पर पड़ रहे दुष्प्रभाव से निजात दिलाने हेतु प्रत्येक कॉलेज में यूनिवर्सल ह्यूमन वैल्यूज कोर्स एवं वेलनेस सेंटरों की स्थापना हेतु निर्देशित किया गया है।

इस सम्बन्ध में मुझे यह कहने का निर्देश हुआ है कि संलग्न पत्र में उल्लिखित दिशा–निर्देश के अनुसार कॉलेज में यूनिवर्सल ह्यूमन वैल्यूज कोर्स एवं वेलनेस सेंटरों की स्थापना हेतु आवश्यक कार्यवाही करना सुनिश्चित करें।

संलग्नक – यथोपरि।

भवदीय,

(वीरेन्द्र कुमार मौर्य)
कुलसचिव

प्रतिलिपि अधोलिखित को सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित–

01. श्री राज्यपाल / कुलाधिपति के अपर मुख्य सचिव, राज्यपाल सचिवालय, उ0प्र0 लखनऊ।
02. प्रो0 टी0जी0 सीताराम, अध्यक्ष, अखिल भारतीय तकनीकी शिक्षा परिषद, नई दिल्ली।
03. कुलपति कार्यालय को कुलपति महोदय के सूचनार्थ।

उपकुलसचिव

ई–मेल

V.CO/81
23/09/2024

राज्यपाल सचिवालय, उत्तर प्रदेश

लखनऊ–226027

संख्या : ई– 7174/32 जी0एस/2024

दिनांक: 23/09/2024

प्रेषक,

श्री राज्यपाल/कुलाधिपति के अपर मुख्य सचिव,
उत्तर प्रदेश।

सेवा में,

कुलपति/निदेशक,
समस्त राज्य विश्वविद्यालय/संस्थान,
उत्तर प्रदेश।

Registrar
Pl. circulate including Campus
कुलपति 23/9

महोदय/महोदया,

कृपया सोशल मीडिया के अधिक प्रयोग से छात्र–छात्राओं पर पड़ रहे दुष्प्रभाव से निजात दिलाने हेतु प्रत्येक कालेज में यूनिवर्सल ह्यूमन वैल्यूज कोर्स एवं वेलनेस सेंटरों की स्थापना कराये जाने विषयक श्री राज्यपाल/कुलाधिपति महोदया को सम्बोधित प्रो0 टी0जी0 सीताराम, अध्यक्ष, अखिल भारतीय तकनीकी शिक्षा परिषद, नई दिल्ली के संलग्न पत्र दिनांक 20.08.2024 का अवलोकन करने का कष्ट करें।

इस सम्बन्ध में मुझे आपसे यह कहने का निदेश हुआ है कि प्रश्नगत प्रकरण में आवश्यक कार्यवाही करने का कष्ट करें।

भवदीय,

19/9/24

(डा0 सुधीर एम0 बोबडे)
कुलाधिपति के अपर मुख्य सचिव।

संलग्नक: यथोपरि।

प्रतिलिपि प्रो0 टी0जी0 सीताराम, अध्यक्ष, अखिल भारतीय तकनीकी शिक्षा परिषद, नई दिल्ली को उनके ई–मेल पता (chairman@aicte-india.org) पर सूचनार्थ प्रेषित।

(डा0 पंकज एल0 जानी)
कुलाधिपति के विशेष कार्याधिकारी।

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प्रो. टी. जी. सीताराम
अध्यक्ष
Prof. T. G. Sitharam
Chairman

अखिल भारतीय तकनीकी शिक्षा परिषद्
(भारत सरकार का एक सांविधिक निकाय)
(शिक्षा मंत्रालय, भारत सरकार)
नेल्सन मंडेला मार्ग, वसंत कुंज, नई दिल्ली–110070
दूरभाष : 011–26131498
ई–मेल : chairman@aicte-india.org

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(A STATUTORY BODY OF THE GOVT. OF INDIA)
(Ministry of Education, Govt. of India)
Nelson Mandela Marg, Vasant Kunj, New Delhi-110070
Phone : 011-26131498
E-mail : chairman@aicte-india.org

सत्यमेव जयते

राजभवन, उ० प्र०
0 4 SEP 2024
प्राप्त

1-29/AICTE/CM/2024/Gov

August 20, 2024

Her Excellency,

SUB : SOCIAL AND EMOTIONAL LEARNING VESTED IN HAPPINESS

Her Excellency, it is our obligation to keep you apprised of all the developments and strides that AICTE is making to simplify governance, bring in transparency and create a robust ecosystem of education in line NEP. This is resulting in higher GER of the nation. Tamil Nadu has achieved a significant target of 51.3%.

I would also like to raise a rather critical issue of social media and the need to safeguard and restore and reinforce the social and emotional balance of the students. With the pervasive use of AI, social media is hijacking their attention spans, eroding their creativity and impacting their relationships and forging stress.

6+ hours per day phone screen time in short bursts of 2-3 seconds slices mind and like a Large Learning Model (LLM) trains their neuro linguistic programming (NLP) and prunes their neural network.

1.The mind (read: neurons) now switches off and on every few seconds taking away focus, concentration and tenacity of the mind. This restrain creativity with the mind constantly consumed by randomness on the phone. Research points to the fact that the minds are thereby becoming Brittle, Anxious, Non-linear and Incomprehensible.

2.These 6+ hours each day CONSUME mind and slice, dice and toss it across multiple disjointed images and leave it unavailable to CREATE.

1. IQ is about pattern recognition. Training on disjointed images removes that.
2. EQ is compromised by emoticons sans feelings and EMOTICONS are seen shuffling fast on timelines.
3. Emotions are the progenitors of our enzymes. Using emoticons without feelings, adversely impacts our endocrine system too and eventually health!

Furthermore, in USA strict guidelines from the office of the surgeon general have been issued against social media and more specifically on one such social media Platform that is now being held responsible for suicides by the US congress. (Attached: ET news)

Social and Emotional learning in the NEP has been noted as a CRITICAL aspect of education. AICTE has taken several steps in that direction such as with our Universal Human Values course and creation of wellness centers at colleges. While that requires faculty and infrastructure support, we have also approved of an app that can be used as a blended program for each student in each semester titled YOL-YourOneLife that is accompanied by syllabus and it requires no faculty or infrastructure support.

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It is Do it yourself (DIY) and even the assessment is undertaken by the app in real time. Unlike exams that happen annually, the app allows the user to continue improving her/his scores in real time based on real time assessments. Counselling is also provided on the app itself.

I seek your support to advise the higher education institutions under your esteemed aegis to:

1. Implement this program that has recently been made essential by AICTE. This can be done as an essential program under the Ability Enhancement Course (AEC) as announced by UGC.

   Since the Program evaluates each student's and also each institution's happiness index, this will set off a healthy competition between the various institutions as well.

2. In this connection I also seek your kind patronage to the setting up of wellness centers at each institute and we at AICTE will be happy to assist further on this.

   I look forward to sharing more and as always upon receiving any inputs and advice from your end.

Sincerely,

T.G. Sitharam

(Prof. T.G. Sitharam)

Her Excellency Smt. Anandiben Patel
HE Governor of State and Chancellor of State Universities
Uttar Pradesh

Encl : as above

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Synopsis

THE ECONOMIC TIMES tech

Today's ePaper

20th June 2024

Quote:

"Due to SOCIAL MEDIA: Pre Covid nearly one in three high school girls had seriously considered taking their own life. In addition, nearly half of high school students were feeling persistently hopeless and sad. And since COVID-19, that situation has become even more dire."

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E-7174/GS Dated 23-09-2024

From Raj Bhavan Lucknow <dseducationsecup@gmail.com>

To <vcnduat2018@gmail.com>, <vcabvmuup@gmail.com>, <vcbuat2021@gmail.com>, <vc@bhatkhandeuniversity.ac.in>, <vc@bujhansi.ac.in>, <vc@csauk.ac.in>, <vc@ccsuniversity.ac.in>, <vcocsjmu@gmail.com>, <vcddugu@gmail.com>, <vc@aktu.ac.in>, 24 more...

Date 23-09-2024 11:37

New Doc 09-23-2024 11.35.pdf (~2.1 MB)

Respected SirMa'am,

Pls find the letter with the attachments.

with regards,

Hemant Chaudhary
Dy. Secretary to Governor, U.P